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# Henderson is Hope

Come and share your strength and hope  
Gain support from the experience of others who understand...

- Learn about mental illness, effective coping strategies and resources
- Share your experience of living with persons who have mental illness
- Come and rebuild your life by working together
- Refreshments will be served

**Henderson Mental Health Center/South**  
1<sup>st</sup> and 3<sup>rd</sup> Wednesday 6-7:30 pm  
1957 Jackson Street, Hollywood 954-921-2600 ext. 121

**Henderson Mental Health Center/New Vistas**  
Every other Thursday 10 am -11:30 am  
2900 West Prospect Road, Ft. Lauderdale 954-731-1000 ext. 2211

**Henderson Mental Health Center/Central**  
Every other Wednesday 1-3 pm  
330 SW 27<sup>th</sup> Avenue, Ft. Lauderdale 954-791-4300 ext. 145

If your family member is under the age of 18 please call Henderson Youth and Family Services @954-797-3920